

CONTACT INFORMATION

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EDUCATION

2015 - 2017	University of South Alabama Mobile, AL	DNP	Nursing
2013 - 2015	University of South Alabama Mobile, AL	MSN	Nursing
2008 - 2013	The University of New Mexico Albuquerque, NM	BSN	Nursing

LICENSURE & CERTIFICATIONS

Registered Nurse: NM, 2013 - 2024

DEA License: NM, 2016 - 2022

Certified Nurse Practitioner: NM, 2016 - 2024

Controlled Substance License: NM, 2016 - 2022

National Hospice and Palliative Care Nurse, 2015 - 2018

CFNP: Certified Family Nurse Practitioner, 2016 - 2026

PROFESSIONAL EXPERIENCE

Academic Appointments and Research Experience

June 2018 - Present	University of New Mexico Albuquerque, NM	Clinician Educator - Assistant Professor College of Nursing
May 2009 - June 2012	The University of New Mexico Albuquerque, NM	Undergraduate Research Biology Department

Clinical Experience

April 2019 - Present	UNM ADOBE Program Albuquerque, NM	Family Nurse Practitioner HSC Research
June 2018 - July 2019	El Centro Family Health Española, NM	Family Nurse Practitioner
March 2016 - May 2019	El Centro Family Health Española, NM	Family Nurse Practitioner
July 2013 - March 2016	Ambercare Hospice Española, NM	Registered Nurse Case Manager
July 2012 - May 2013	UNM Hospital Albuquerque, NM	Nurse Internship Pediatric Intensive Care Unit

Consulting

April 2021 - February 2022	First District Diversion Program - Con Alma	Program Development
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FUNDED RESEARCH & CREATIVE ACTIVITIES

Extramural

Avila, M. (Principal Investigator), Rodriguez, M. (Co-Principal), Boursaw, B. (Other), Castro, E. (Other), Stofell, C. (Other), "Understanding Resilience in Youth in Protective Services - Research Award," Sponsored by Sigma Theta Tau International Gamma Sigma Chapter, State. (Funded: July 1, 2023).

Avila, M. (Co-Investigator), Stoffel, C. (Principal Investigator), Castro, E. (Co-Investigator), Hsi, A. (Co-Investigator), "ACHT Pilot Program," Sponsored by Center for Health Care Strategies, Federal. (Funded: January 1, 2022 - March 1, 2023).

Avila, M. (Principal Investigator), Rodriguez, M. (Co-Principal), "Transforming health services for youth in protective custody An integrated family navigation model," Sponsored by the UNM HSC Transdisciplinary Research, Equity and Engagement (TREE) Center, The University of New Mexico, \$50000. (Funded: July 1, 2021 - July 30, 2021).

Intramural

Monique, R. (Co-Principal), Avila, M. (Co-Principal), "WeR1: Transforming Health Services for Youth in Protective Services: An Integrated Family Navigation Model," Sponsored by University of New Mexico, The University of New Mexico. (Funded: June 1, 2022 - June 1, 2023).

SCHOLARSHIP & PUBLICATIONS

Peer-Reviewed Journal Articles

Hartson, K. R., Avila, M., Gance-Cleveland, B., Harpin, S., Tigges, B., Cook, P. Predictors of Physical Activity in a Predominantly Hispanic Sample of Adolescents. *Western Journal of Nursing Research*.

Lovato, T., Sensibaugh, C., Swingle, K., Martinez, M. M., Cripps, R. (2015). The drosophila transcription factors tinman and pannier activate and collaborate with myocyte enhancer factor-2 to promote heart cell fate. *PLOS One*, 10(7).

Book Chapters

Avila, M., Evans, R. (2021). Chapter 40: Management of Mental Health Disorders. *Primary Care Pediatrics for the Nurse Practitioner: A Practical Approach* (1st ed., pp. 715 -750). New York, NY: SPRINGER PUBLISHING COMPANY.

Thesis(es)

Tahe, V. (2022). Adolescent Adverse Childhood Experiences & Resiliency. In M. Avila (Ed.), *Adolescent Adverse Childhood Experiences & Resiliency*.
<https://digitalrepository.unm.edu/dnp/31/>

Media Coverage and Interviews

Avila, M. (May 2021). Pilot Research Project in Community Engaged Behavioral Health Intervention Research to Tackle Structural Inequities, UNM College of Nursing Research Grants & Funding Webpage <https://hsc.unm.edu/nursing/research/research-awards/>

Avila, M. (March 4, 2019). Career Best Bets, ABQ Journal
<https://www.abqjournal.com/1287617/career-best-bets.html>

Avila, M. (April 2018). The Providers, PBS

PRESENTATIONS

National

Avila, M., Stoffel, C., Daniels, J., Castro, E. (May 24, 2023). *Accelerating Child Health Transformation - ADOBE*. Panel Presentation presented at Accelerating Child Health Transformation In-Person Convening, Center for Health Care Strategies, Washington, DC, United States.

Rodriguez, M., Avila, M. (October 22, 2022). *A Community Navigation Model to Understand Adverse Childhood Experiences and Resilience Among Latinx Youth in Protective Services*. Poster presented at 2022 National Latinx Psychological Association's Conference, The National Latina/o Psychological Association, Denver, CO, United States.

Avila, M. (June 22, 2022). *Discovering Strength: Application of Resiliency to Mitigate the Impact*

of Adverse Childhood Experience in Adolescents. Podium Presentation presented at 2022 AANP National Conference, American Association of Nurse Practitioners, Orlando, FL, United States.

Avila, M., Shannon, T. (August 12, 2021). *Discovering Strength: Using Resiliency to Mitigate the Impact of Adverse Child Experiences in Adolescents*. Podium Presentation presented at 2021 Nat'l DNP Conference, Doctors of Nursing Practice, Chicago, IL, United States.

Hartson, K., Avila, M., Cook, P. (March 28, 2019). *Predictors of Physical Activity among a Predominantly Hispanic Sample of High School Aged Adolescents*. Podium Presentation presented at Midwest Nursing Research Society, Midwest Nursing Research Society, Kansas City, MO, United States.

Regional and Other Invited Presentations

Avila, M. (March 31, 2023). *TREE Center Research Roundtable*. Podium Presentation presented at Research Roundtable, Transdisciplinary Research, Equity and Engagement Center, Albuquerque, NM, United States.

Avila, M. (March 8, 2022). *Interprofessional Seminar for Learners - Team-Based Care of Underserved Populations*. Panel Presentation presented at SOM Rural and Urban Underserved Program (R.U.U.P), UNM School of Medicine, Albuquerque, NM, United States.

Avila, M. (October 26, 2021). *Nutrition and BMI*. Podium Presentation presented at TeleHealth ECHO for School Based Health Centers, TeleHealth ECHO for School Based Health Centers, United States.

Avila, M., Dickson, E. (June 22, 2021). *Empowering Youth: Research and Scholarship Supporting Adolescent Health*. Oral Presentation presented at Scholarship & Research Speaker Series, UNM College of Nursing, United States.

Avila, M., Hsi, A. (November 13, 2020). *The ADOBE Program: Model Program to Reduce Health Risks from Adverse Childhood Events for Youths Released from Incarceration*. Podium Presentation presented at 2020 NMNPC Fall Online Mini Conference!, New Mexico Nurse Practitioner Council, Albuquerque, NM, United States.

Avila, M., Dwarakanath, M., Castro, E. (September 17, 2020). *ADOBE (Averting Disparities in Outcomes by Building Engagement) Program*. Podium Presentation presented at Pediatric Research Forum, UNM DEPARTMENT OF PEDIATRICS, Albuquerque, NM, United States.

Avila, M., Cogil, C., Hall, T. (August 4, 2020). *Kids & Concussions*. Podium Presentation presented at NMNPC 2020 Virtual Conference, New Mexico Nurse Practitioner Council,

Albuquerque, NM, United States.

<https://nmnpc2020.pathable.co/meetings/virtual/stYG62wGqJZJ8Px57>

Rogers, H., Avila, M. (December 6, 2019). *Adolescent Health, Well-being and Resilience*. Podium Presentation presented at 7th Annual UNM Pediatric Potpourri, UNM Department of Pediatrics, Albuquerque, NM, United States.

Avila, M., Steadman, S., Hsi, A., Davis, G., Castro, E., McDonald, M., Lucero, A. (October 23, 2019). *Interprofessional education (IPE) and Medical-Legal Alliance (MLA)*. Panel Presentation presented at Values, Ethics, and Shared Discussions Conference, Interprofessional Education (IPE) and Medical-Legal Alliance (MLA), Albuquerque, NM, United States.

Hall, T., Cogil, C., Avila, M. (August 8, 2019). *Ears & Dental presentation for Albuquerque Public School Nurses*. Oral Presentation presented at Annual APS School Nurse Workshop on Common Health Issues, Albuquerque Public School Nurses, NM, United States.

PROFESSIONAL ORGANIZATIONS

Service to Professional Organizations

April 2019 - Present	New Mexico Alliance of School Based Health Albuquerque, NM	Board of Directors
September 2018 - Present	Reproductive Health Access Project New Mexico Chapter	Committee Member
August 2021 - 2023	Accelerating Child Health Transformation (ACHT) initiative	Board of Advisors
2019 - August 2019	Western Journal of Nursing Research	Reviewer/Referee
2012 - 2013	UNM Student Nurse Association Albuquerque, NM	Vice President
2009 - 2010	UNM Student Resident Center Community Association Albuquerque, NM	President

Service to Professional Publications

2019 - August 2019	Western Journal of Nursing Research	Reviewer/Referee
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Memberships

March 2022 - Present	Sigma Theta Tau Gamma Sigma Chapter
2015 - Present	American Association of Nurse Practitioners
August 2020 - 2022	Society of Adolescent Health and Medicine

2015 - 2017	New Mexico Nurse Practitioner Council
2012 - 2013	American Nurses Association
2012 - 2013	UNM Student Nurse Association
2009 - 2010	UNM Student Resident Center Community Association

ACADEMIC SERVICE

The University of New Mexico

August 2023 - Present	UNM Faculty Senate	Member
April 2020 - Present	ADOBE Advisory Committee	Member
August 2019 - June 2022	Faculty Senate Budget Committee	Member

The University of New Mexico College of Nursing

April 2021 - Present	Diversity and Inclusion Advisory Council	Member
April 2020 - January 2023	BSN - DNP Committee	Member
July 2020 - September 2022	Program Evaluation Committee	Member
September 2020 - January 2021	Diversity and Inclusion Advisory Council	Member
June 2018 - July 2020	Undergraduate Program Committee	Member
June 2019 - December 2019	Faculty Handbook Committee	Member
August 2018 - December 2018	Holistic Nursing Task Force	Member

PUBLIC/ COMMUNITY SERVICE

2012 - 2013	Albuquerque Health Care for the Homeless Albuquerque, NM	
2012 - 2013	St. Martin's Homeless Shelter Albuquerque, NM	
2012	Project Helping Hands Oyugis, Kenya	Student Nurse

COMMUNITY ENGAGEMENT ACTIVITIES

August 2023 - September 2023	UNM Children's Campus, Albuquerque, NM	UNM Children's Campus, Well Child Checks – Organizer
June 2023	Belen High School, Belen, NM	Belen High School - Sport Physicals – Organizer
June 2023	UNM Children's Campus, Albuquerque, NM	UNM Children's Campus, Developmental Screening – Organizer
August 2022	UNM Children's Campus, Albuquerque, NM	UNM Children's Campus, Well Child Checks – Organizer
June 2022	Belen High School, Belen, NM	Belen High School - Sport Physicals – Volunteer
August 2021	Belen High School, Belen, NM	Belen High School - Sport Physicals – Volunteer
May 2021	Sim Lab, Albuquerque, NM	FNP / PNP female GU exams – Volunteer
January 2021	Zoom, NM	IPE Transgender Care activity – Volunteer
2019	UNM Children's Campus, Albuquerque, NM	Education UNM Children's Campus – Organizer
August 2019	Belen High School, Belen, NM	Belen High School - Sport Physicals – Volunteer

TEACHING AND MENTORING

Current Teaching Responsibilities:

NURS 526: Adv Pathophysiology	Summer, 2020
NURS 535: Primary Care of Adults I	Spring, 2019
NURS 538: Case Studies in Diag Reasoning	Summer, 2019
NURS 539: Adv Ped Health & Dev Assess	Fall, 2020
	Fall, 2018
NURS 540: Adv Hlth Assess & Diag Reason	Fall, 2023
	Fall, 2022
NURS 542: Primary Care of Pediatrics I	Summer, 2023
	Summer, 2022
	Summer, 2021
	Summer, 2020
	Summer, 2019
NURS 543: Pharm Prin of Clin Therapeutic	Fall, 2023
	Fall, 2022
	Fall, 2021
	Fall, 2020
	Fall, 2019
	Fall, 2019

NURS 546: Primary Care of Pediatrics II	Fall, 2018 Fall, 2023 Fall, 2022 Fall, 2021 Fall, 2020 Fall, 2019
NURS 547: Ped Chronic Ill-Spec Needs	Fall, 2019
NURS 547: Ped Chronic Illness-Spec Needs	Fall, 2021
NURS 549: Adolescent Health	Spring, 2021 Spring, 2019
NURS 591: Graduate Problems	Spring, 2022
NURS 593: T: Clinical Enrichment	Summer, 2021 Spring, 2021
NURS 595: Adv Nursing Field Work	Spring, 2022
NURS 795: Adv Nursing Practice Residency	Fall, 2021
NURS 797: DNP Scholarly Project	Summer, 2021 Spring, 2021

Teaching Innovation and Curriculum Development

NURS 543 - Pharmacological Principles of Clinical Therapeutics	July 2022 - Present	Revise Existing Course
NURS 546 - Primary Care Pediatrics II	July 2022 - Present	Revise Existing Course
NURS 542 - Primary Care Pediatrics I	April 2022 - Present	Revise Existing Course
BSN - DNP Program	January 2022 - Present	Curricular Development
NURS 712 - Pharmacological Principles of Clinical Therapeutics	January 2023 - May 2023	New Course
N5426 - Primary Care Pediatrics II	August 2020 - December 2020	Revise Existing Course
N5339 - Advance Pediatric health and Developmental Assessment	May 2020 - August 2020	Revise Existing Course
N542 - Primary Care Pediatrics I	May 2020 - August 2020	Revise Existing Course
Adolescent Health	January 2019 - April 2019	Revise Existing Course

Guest Lectures

October 2023	N540: Advanced Health Assessments and Diagnostic Reasoning	Pediatric Health Assessment
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August 2023	albuquerque, NM UNM Children's Campus	Annual Training - Medication Administration
August 2022	albuquerque, NM UNM Children's Campus	Annual Training - Medication Administration
August 2022	N540: Advanced Health Assessments and Diagnostic Reasoning	Pediatric Health Assessment
July 2021	albuquerque, NM School of Law United States	ACEs in your cases
October 2020	N540: Advanced Health Assessments and Diagnostic Reasoning	Pediatric Health Assessment
November 2019	Albuquerque, NM N540: Advanced Health Assessments and Diagnostic Reasoning	Caring for Pediatrics
October 2019	Albuquerque, NM N540: Advanced Health Assessments and Diagnostic Reasoning	Respiratory
October 2018	Albuquerque, NM Project ECHO United States	Nurse Practitioner & Certified Midwife Primary Care TeleECHO Clinic

Community Workshops, Seminars, and Continuing Education Instruction

January 2023 – January 2023	Midwives Simulation Lab, Female GU exams CON	Workshop
– December 2022	albuquerque, NM FNP Simulation Lab, Female & Male GU exams N540: Advanced Health Assessments and Diagnostic Reasoning	Workshop
– November 2022	albuquerque, NM FNP Simulation Lab, Female & Male GU exams N540: Advanced Health Assessments and Diagnostic Reasoning	Workshop
– December 2019	albuquerque, NM Male GU exams N540: Advanced Health Assessments and Diagnostic Reasoning	Workshop

- November 2019 GYN Exams Workshop
N540: Advanced Health Assessments and Diagnostic Reasoning
Albuquerque, NM
- November 2019 Check-Out physicals Workshop
N540: Advanced Health Assessments and Diagnostic Reasoning
Albuquerque, NM
- August 2018 Current Clinical Guidelines of Continuing Education
Pediatric Hypertension
ANEW Grant
Albuquerque, NM

Other Instruction

- January 2023 IPE Department IPE Transgender Care
Albuquerque, NM Workshop 2023
- June 2020 – August 2021 CON IPE Facilitator
United States NURS 501: Theoretical Foundations of Advanced Nursing
Impromptu Course Faculty for NURS 501: Theoretical Foundations of Advanced Nursing
- June 2019 – June 2019 UNM Children's Campus Medication Administration Certification
Albuquerque, NM

PRE-DOCTORAL STUDENTS SUPERVISED OR MENTORED:

2023 - Present	DNP Project Committee Chair	Shawnadine Becenti Candidate	Current Student
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DOCTORAL STUDENT DISSERTATIONS AND PROJECTS:

2022 - Present	Committee of Studies Chair	Mariah Megli DNP Candidate	Current Student UNM College of Nursing
2020 - 2022	DNP Project Committee Chair	Vanessa Tahe DNP Candidate	Current Student
2017 - Present	Independent Study/Research	Kimberly Hartson University of Colorado PhD Candidate	Assistant Professor, University of Louisville

FACULTY MENTORING

2019 - Present	Vanessa Tahe Assistant Professor	Assistant Professor, University of New Mexico
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SPECIALIZED TRAINING

Languages

Spanish (Limited Working)