

CONTACT INFORMATION

Sharon L. Ruyak, PhD, RN, CNM, Associate Professor

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EDUCATION

2011 - 2014	University of Colorado, College of Nursing Denver, CO	PhD	Nursing
2003 - 2006	University of Colorado, Beth-El College of Nursing Colorado Springs, CO	Certificate	Family Nurse Practitioner
1995 - 1997	Georgetown University, College of Nursing Washington, DC	MS	Nursing Midwifery
1983 - 1987	Towson University, School of Nursing Towson, MD	BS	Nursing

LICENSURE & CERTIFICATIONS

Registered Nurse: NM, 1987 - 2022

Certified Nurse-Midwife: NM, 1997 - 2020

CNM: Certified Nurse-Midwife, 1997 - 2024

PROFESSIONAL EXPERIENCE

Academic Appointments and Research Experience

September 2015 - Present	University of New Mexico Albuquerque, NM	Assistant Professor College of Nursing
July 2013 - September 2015	University of New Mexico Albuquerque, NM	Instructor College of Nursing
November 2011 - May 2013	Pueblo Community College Pueblo, CO	Faculty School of Nursing
2007 - 2011	University of Colorado at Colorado Springs	Clinical Education

	Colorado Springs, CO	Affiliate Beth-El College of Nursing and Health Sciences
2004 - 2005	University of Colorado at Colorado Springs Colorado Springs, CO	Clinical Instructor Beth-El College of Nursing and Health Sciences

Clinical Experience

October 2014 - 2015	Presbyterian Medical Group Albuquerque, NM	Certified Nurse- Midwife
2006 - 2011	Colorado Springs Obstetrics and Gynecology Colorado Springs, CO	Certified Nurse- Midwife
2004 - 2005	Memorial Hospital Colorado Springs, CO	Staff Nurse Intensive Care Unit
2003 - 2004	Teller County Public Health Divide, CO	Certified Nurse- Midwife Family Planning Clinic
2002 - 2004	Memorial Hospital Colorado Springs, CO	Clinical Area Coordinator Birth Center
2001 - 2004	Memorial Hospital Colorado Springs, CO	Maternal Transport Team
2001 - 2002	Memorial Hospital Colorado Springs, CO	Staff Nurse Birth Center
2000 - 2001	Harbor Women's Care Baltimore, MD	Certified Nurse- Midwife
1999 - 2001	Harbor Hospital Baltimore, MD	Certified Nurse- Midwife Department of Obstetrics and Gynecology
1998 - 2000	Midwifery Service at St. Agnes Hospital Baltimore, MD	Certified Nurse- Midwife
1998 - 1999	Dr. V. L. Nimmagadda OB/GYN Baltimore, MD	Certified Nurse- Midwife
1989 - 1998	Mercy Medical Center Baltimore, MD	Charge Nurse
1989 - 1998	Mercy Medical Center Baltimore, MD	Staff Nurse
1987 - 1989	Johns Hopkins Hospital Baltimore, MD	Staff Nurse

AWARDS, HONORS, AND FELLOWSHIPS

2020	Association of Women's Health, Obstetric, and Neonatal Nurses	Outstanding Research Study Poster Award,
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2023	Washington, DC Journal of Obstetric Gynecologic and Neonatal Nurses	Received JOGNN Reviewer of the Year, Received Rosenblum-Weiss Endowment for Women's and Children's Health, Received AWHONN Outstanding Research Study Poster Award, Received Intramural Research Training, Summer Genetic Institute Fellow, Received
2021	University of New Mexico, College of Nursing	
2020	AWHONN Washington, DC	
2015	National Institute of Nursing Research Bethesda, MD	

Professional & Leadership Development Activities

2017	UNM HSC Clinical and Translational Science Center Albuquerque, United States	Good Clinical Practice-FDA Training, Leadership Development
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FUNDED RESEARCH & CREATIVE ACTIVITIES

Extramural

Ortiz, F. (Principal Investigator/ Project Director), Kivlighan, K. T. (Co-Investigator), Ruyak, S., "Advancing Midwifery Outcomes and Resiliency," Sponsored by Health Resources and Services Administration - MatCare Training Program, Federal, \$4000000. (Funded: September 30, 2023 - September 29, 2027).

Bakhireva, L. (Principal Investigator), Ruyak, S. (Co-Investigator), "ENRICH-2: Stress Reactivity and Self-Regulation in Infants with Prenatal Alcohol Exposure," Sponsored by NIH/NIAAA, The University of New Mexico, \$3160518. (Funded: October 2018 - 2023).

Ruyak, S., "The Impact of Prenatal Alcohol Exposure on Newborn Neurodevelopment: Focus on Immune and Serotonin Factors at the Maternal-placental Interface," Sponsored by NIH/NIAAA, The University of New Mexico. (Currently Under Review:).

Ruyak, S. (Principal Investigator/ Project Director), "The effect of the COVID-19 pandemic on alcohol use and psycho-somatic health in pregnant and postpartum women with intersecting vulnerabilities.," Sponsored by NIAAA, Federal, \$205267. (Funded: September 15, 2020 - September 15, 2022).

Ruyak, S. (Co-Investigator), Lewis, J. (Principal Investigator), "P50 Center for Native Environmental Health Research Equity," Sponsored by NIH/NIMHD, Federal, \$698205. (Funded: 2020 - 2021).

Ruyak, S., "The Effect of Prenatal Opioid and Alcohol Exposure on Key Placental Immune and Serotonin Factors influenced by TLR4 Signaling Pathways," Sponsored by Sigma Theta Tau/Western Institute of Nursing Research, Private, \$10000. (Funded: June 1, 2020 - November 30, 2021).

Ruyak, S. (Co-Investigator), "Adding mental health outcomes and socioeconomic information to exposure assessment – A pilot study on the Cheyenne River," Sponsored by NIH/NIEHS P50 Native Environmental Health Equity Center, Federal, \$14850. (Funded: 2019 - 2020).

Ruyak, S. (Principal Investigator/ Project Director), "Pipeline to Proposal, Tier A: A Journey to Empowerment and Health: Building the New Mexico Perinatal Mental Health Improvement Network," Sponsored by PCORI, Federal, \$41138. (Funded: October 1, 2017 - September 30, 2018).

Intramural

Ruyak, S., Kivlighan, K. T., Zychowski, K. E., "HSC Research Support Equipment Renovation Funding," Sponsored by University of New Mexico -Health Sciences, The University of New Mexico. (Funded: 2023 - Present).

Ruyak, S., Kivlighan, K. T., Zychowski, K. E., "HSC Research Support Equipment/Renovation Funding," Sponsored by University of New Mexico - Health Sciences, The University of New Mexico. (Funded: 2023 - Present).

Ruyak, S., "The Cumulative Influence of Prenatal Alcohol Exposure and Early Life Adversity on Maternal Circulating miRNA Expression: A Pilot Study," Sponsored by New Mexico Alcohol Research Center, The University of New Mexico, \$40000. (Funded:).

Ruyak, S. L. (Principal Investigator), "The Relationship Between Prenatal Opioid Use and Altered Immune and Serotonin Factors in Human Placenta," Sponsored by UNM CTSC, Federal, \$25000. (Funded: October 1, 2019 - September 30, 2020).

Ruyak, S. (Principal Investigator/ Project Director), "Embodiment of Maternal Distress: LINKS in the Maternal, Placental, and Fetal Environment," The University of New Mexico, \$20000. (Funded: 2017 - Present).

Ruyak, S. (Principal Investigator/ Project Director), "Healthier Mothers and Infants: Expanding Telehealth to Improve Symptom Management Of Perinatal Maternal Distress," Sponsored by College of Nursing, The University of New Mexico, \$10000. (Funded: 2017).

Ruyak, S., "Psychosocial and genetic predictors of postpartum depression: the search for clinical intervention points during pregnancy," Sponsored by UNM CTSC, The University of New Mexico, \$22040. (Funded: April 1, 2016 - March 31, 2017).

SCHOLARSHIP & PUBLICATIONS

Peer-Reviewed Journal Articles

- Ruyak, S., Boursaw, B., Cacari Stone, L. (2022). The social determinants of perinatal maternal distress. *Journal of Rural Mental Health*, 46(4), 277-284.
- Ruyak, S. L., Noor, S., DiDomenico, J., Sun, M., Fernandez Oropeza, A., Rodriguez, D., Enriquez Marquez, L., Milligan, E. D., Bakhireva, L. N. (2022). Effects of prenatal opioid and alcohol exposures on immune and serotonin factors in human placenta. *Experimental Neurology*, 353.
- Ruyak, S., Kivlighan, K. T. (2021). Perinatal Behavioral Health, the COVID-19 Pandemic, and a Social Determinants of Health Framework. *JOGNN*, 50(5), 525-538.
<https://doi.org/10.1016/j.jogn.2021.04.012>
- Cervantes, I. A., Ruyak, S. L., Maxwell, J. R. (2021). Increasing Incidence of Asthma in Children with Prenatal Opioid Exposure. *Journal of Pediatrics and Neonatal Medicine*, 3(1). <https://www.pubtexto.com/journals/journal-of-pediatrics-and-neonatal-medicine/abstracts/increasing-incidence-of-asthma-in-children-with-prenatal-opioid-exposure>
- Hackett, J. M., Ruyak, S. L. A Concept Analysis of Holistic Review. *Nursing Education Perspectives*.
https://journals.lww.com/neonline/Abstract/9000/Holistic_Admissions_Review_in_Nursing_Education_A.99353.aspx
- R. H., Kivlighan, K. T., Ruyak, S., Q. J., Zychowski, K. E. (2020). Angiogenesis in Wound Healing Following Pharmacological and Toxicological Exposures. *Current Pathobiology Reports*, 8, 99-109.
- Ruyak, S., Qeadan, F. (2018). Use of the Antenatal Risk Questionnaire to assess psychosocial risk factors associated with postpartum depression: a pilot study. *Journal of Midwifery and Women's Health*, 63(5), 578-583. <https://doi.org/10.1111/jmwh.12873>
- Ruyak, S., Migliaccio, L., Levi, A., Patel, S. (2018). Role development in midwifery education: A place for simulation. *Midwifery*, 59, 141-143.
- Ruyak, S., Levi, A., Wright, M. (2017). Simulation to Meet Curricular Needs in Ethics. *Clinical Simulation in Nursing*, 13(3), 121-126. <https://doi.org/10.1016/j.ecns.2016.11.006>
- Ruyak, S., Flores-Montoya, A., Boursaw, B. (2017). Antepartum Services and Symptoms of Postpartum Depression in At-Risk Women. *Journal of obstetric, gynecologic, and neonatal nursing : JOGNN*, 46(5), 696-708. <https://doi.org/10.1016/j.jogn.2017.07.006>
- Ruyak, S., Lowe, N. K., Corwin, E. J., Neu, M., Boursaw, B. (2016). Prepregnancy Obesity and a Biobehavioral Predictive Model for Postpartum Depression. *Journal of Obstetric, Gynecologic & Neonatal Nursing*, 45(3), 326-338.
<http://dx.doi.org/10.1016/j.jogn.2015.12.013>
- Ruyak, S., Corwin, E. (2013). Concept analysis: Prenatal obesity a psychoneuroimmunological perspective. *Nursing Forum*, 48(3), 174-184.

Hastings-Tolsma, M., Yasaka, Y., Burton, A., Goodman, S., Emeis, C. L., Patterson, E., Bennett, P. L., Koschoreck, K., Ruyak, S., Tanner, T., Vaughn, T., Williams, A. (2009). A profile of Colorado nurse-midwives: Implications for practice. *Western Journal of Nursing Research*, 31(1), 24-43.

Book Chapters

Ruyak, S. (2022). Psychology of Pregnancy (Chapter 9). *AWHONN's Core Curriculum for Maternal Newborn Nursing 6th edition*. Elsevier Publications.

Trott, J., Ruyak, S. (2020). Chapter 6: Genetics, Health & Policy Challenges Across the Lifespan. *Health Equity and Nursing: Achieving Equity through Population Health & Public Policy*. Springer Publishing Company LLC.

Manuscript and Book Reviews

Ruyak, S., Roberts, M., Chambers, S., Ma, X., DiDomenico, J., De La Garza, R., Bakhireva, L. (2023). Impulsivity and alcohol use during pregnancy and postpartum: Insights from novel methodological approaches within the context of the COVID-19 pandemic. *Impulsivity and alcohol use during pregnancy and postpartum: Insights from novel methodological approaches within the context of the COVID-19 pandemic*. (6th ed., vol. 13, pp. 600). MDPI.

Ruyak, S., Roberts, M. H., Chambers, S., Ma, X., DiDomenico, J., De La Garza, R., Bakhireva, L. (2023). The effect of the COVID-19 pandemic on substance use patterns and physiological dysregulation in pregnant and postpartum women. *The effect of the COVID-19 pandemic on substance use patterns and physiological dysregulation in pregnant and postpartum women* (6th ed., vol. 47, pp. 1088-1099). Wiley.

Thesis(es)

Ruyak, S. L. (2014). *Pre-pregnancy obesity and postpartum depression: a psychoneuroimmunological perspective* (Doctoral dissertation). Retrieved from <http://search.proquest.com/docview/1647762674?accountid=14613>.

PRESENTATIONS

International

Ruyak, S. (July 20, 2022). *Multiple-Modality Approach in Evaluating the Effects of the COVID-19 Pandemic on Pregnant and Postpartum Women in a Well-characterized Cohort*. Oral Presentation presented at Impact of Comorbid COVID-19 and Substance Use During Pregnancy on Fetal and Infant Development Workshop: NIH NIDA Brain Development Research Consortium., NIH/NIDA, United States.

Cervantes, I., Ruyak, S., Shrestha, S., Maxwell, J. (2021). *Prenatal Opioid Exposure Results in Increased Incidence of Asthma During Childhood*. Poster presented at Pediatric Academic Societies 2021 Virtual Meeting, Pediatric Academic Societies, United States.

Enriquez Marquez, L., Rodriguez, D., Ma, X., Roberts, M. H., Ruyak, S. L., Jacobson, S. W., Bakhireva, L. N. (July 2021). *Alcohol Use, Psychological Stress, and Mental Health in U.S. Spanish and English Speaking Pregnant Women*. Poster presented at Research Society on Alcoholism, 44th Annual RSA Scientific Meeting/ISBRA Congress-Virtual Meeting, Research Society on Alcoholism, United States.
<https://doi.org/10.1111/acer.14627>

Ruyak, S., Maxwell, J., Roberts, M., Rai, R., Stacy, L., DiDomenico, J., Jacobson, S., Bakhireva, L. (July 2021). *Maternal Adverse Childhood Experiences, Prenatal Alcohol Exposure, and Infant Neurobehavior*. Poster presented at Research Society on Alcoholism, 44th Annual RSA Scientific Meeting/ISBRA Congress-Virtual Meeting, Research Society on Alcoholism, United States. <https://doi.org/10.1111/acer.14627>

Ruyak, S., Milligan, E. D., Solomon, E., Allen, A., Ma, X., Weinberg, J., Roberts, M. H., Rodriguez, D., Enriquez Marquee, L., Rai, R., Stacy, L., Jacobson, S. W., Bakhireva, L. (June 30, 2021). *Psychosocial Stress During Pregnancy Affects Placental Programming of Hypothalamic Pituitary Adrenal Axis*. Poster presented at BDPR 61st Annual Meeting, The Society for Birth Defects Research and Prevention, United States.
<https://doi.org/10.1002/bdr2.1928>

Bakhireva, L. N., Ruyak, S., Roberts, M., Rodriguez, D., Leeman, L., Stephens, J., Maxwell, J. (2020). *Multi-modal Assessment of Stress-Reactivity and Self-regulation in the Newborn Period in a Prospective Cohort Study of Moderate Alcohol Exposure*. Poster presented at 60th Annual Meeting - Honoring Teratologies Roots, Growing a Healthier Future, Society for Birth Defects Research and Prevention, Charleston, SC, United States.
<https://doi.org/10.1002/bdr2.1760>

Rodriquez, D., Roberts, M., Ma, X., Enriquez Martinez, L., Stacy, L., Ruyak, S., Beuachamp, K., MacClean, P., Bakhireva, L. (June 2020). *Maternal Distress, Social Support, and Alcohol Use in Pregnancy*. Poster presented at 43rd Annual RSA Scientific Meeting, Research Society on Alcoholism, United States. <https://doi.org/10.1111/acer.14627>

Jessie, M., Ruyak, S., Roberts, M., Ma, X., Beauchamp, K., Rodriguez, D., Enriquez-Martinez, L., Bakhireva, L. (June 2020). *Moderate Prenatal Alcohol Exposure, Maternal Stress, and Infant Behavioral Reactivity and Regulation*. Poster presented at 43rd Annual RSA Scientific Meeting, Research Society on Alcoholism, United States.
<https://doi.org/10.1111/acer.14358>

Ruyak, S. (August 6, 2016). *Gene x Environment Interactions in Postpartum Depression: A Novel Biobehavioral Transactional Model*. Poster presented at International Society of Nurses in Genetics, 2016 ISONG World Congress: Integrating Genetics Across Nursing Practice, International Society of Nurses in Genetics, Dublin, Ireland.

National

Ortiz, F. M., Overman, B. A., Kivlighan, K. T., Migliaccio, L., Ruyak, S. L. (February 6, 2024).

Delivering AMOR (Advancing Midwifery Outcomes and Resiliency). Poster presented at AACN Diversity Symposium, American Association of Colleges of Nursing, New Orleans, LA, United States.

Ruyak, S. (March 24, 2023). *Characterizing Substance Use Patterns and Autonomic Dysregulation in Pregnant and Postpartum Women*. Podium Presentation presented at Reaching New Frontiers in Addiction Science: Bridging the Gap to Treatment, Collaborative Perspectives on Addiction, Albuquerque, United States.

Ruyak, S., Sanjuan, P., Williams, J., Aguayo, S. (April 23, 2021). *A Journey to Empowerment and Health: Building the New Mexico Perinatal Mental Health Improvement Network*. Podium Presentation presented at Perinatal Connect Conference: Engaging with Rural Communities to Improve Maternal Mental Health Outcomes, Iowa College of Public Health, United States.

Ruyak, S. L., Boursaw, B. (June 17, 2020). *Associations Among Individual and Environmental Determinants of Health and Symptoms of Perinatal Maternal Distress*. Poster presented at 2020 AWHONN Convention, Association of Women's Health Obstetric and Neonatal Nurses, Phoenix, AR, United States. <https://doi.org/10.1016/j.jogn.2020.09.024>

Ruyak, S. L., Rodriguez, D., Enriquez Marquez, L., Noor, S., Sun, M., Milligan, E. D., Bakhireva, L. (April 15, 2019). *Functional Responses of Human Placental Tissue to Opioids: TLR4 Signaling*. Poster presented at 20/20 and Beyond: Envisioning the Future of Nursing Research, Practice, and Education, Western Institute of Nursing Research, Portland, OR, United States.

Ruyak, S. (July 1, 2015). *Pre-pregnancy Obesity and Postpartum Depression: A Psychoneuroimmunological Perspective*. Poster presented at American College of Nurse-Midwives, 60th Annual Meeting and Exhibition: Forging our Future., American College of Nurse Midwives, National Harbor, MD, United States.

Ruyak, S., Wright, M. (September 9, 2014). *An Innovative Longitudinal Approach to Community Health*. Poster presented at Education Summit, National League for Nursing, Phoenix, AZ, United States.

Bennett, P., Emeis, C., Patterson, E., Hastings-Tolsma, M., Burton, A., Goodman, S., Koschoreck, K., Ruyak, S., Tanner, T., Vaughn, T., Williams, A. (October 9, 2007). *Colorado Nurse Midwives: Practice Profiling for Health Policy Impact*. Poster presented at 6th Annual Conference, National Nursing Centers Consortium, Washington, DC, United States.

Regional and Other Invited Presentations

Ruyak, S. (March 1, 2022). *Social Determinants of Perinatal Maternal Distress*. Lecture presented at Sister Margaret Mary Curry Endowed Lecture., University of the Incarnate

Word, Ila Fay Miller School of Nursing and Health Professions, San Antonio, TX, United States.

Ruyak, S. (June 2021). *Alcohol Use, Psychological Stress, and Mental Health in U. S. Spanish and English-Speaking Pregnant Women*. Poster presented at 2021 Brain and Behavioral Health Annual Research Day, University of New Mexico, United States.

Ruyak, S. (June 2021). *Targeted Measures to Enhance Research Conduct During the COVID-19 Pandemic in the Field of Brain and Behavioral Health*. Poster presented at 2021 Brain and Behavioral Health Annual Research Day, University of New Mexico, United States.

Ruyak, S., Noor, S., Sun, M., Fernandez Oropeza, A., DiDomencia, J., Rodriguez, D., Enriquez Marquez, L., Bakhireva, L., Milligan, E. D. (April 9, 2021). *Evidence for Placental SLC6A4 Dysregulation in Prenatal Opioid and Alcohol Exposure*. Poster presented at 2021 Brain and Behavioral Health Annual Research Day, University Of New Mexico, United States.

Cervantes, I., Ruyak, S., Shrestha, S., Maxwell, J. (September 2020). *Increasing Incidence of Asthma in Children with Prenatal Opioid Exposure*. Poster presented at UNM 2020 Pediatric Research Forum Virtual Poster Session, University of New Mexico, United States.

Ruyak, S. (August 9, 2019). *Perinatal Maternal Distress and Maternal Ecology*. Oral Presentation presented at OB/GYN Grand Rounds, UNMH, Albuquerque, NM, United States.

Ruyak, S. (April 14, 2018). *Embodiment of Distress: Links in the Maternal, Placental, and Fetal Environment*. Poster presented at Western Institute of Nursing Research, 51st Annual Communicating Nursing Research Conference, Western Institute of Nursing Research, Spokane, WA, United States.

Ruyak, S., Roper, S. Van (April 14, 2018). *Healthier Mothers and Infants: Expanding Telehealth to Improve Maternal Distress*. Poster presented at Western Institute of Nursing Research, 51st Annual Communicating Nursing Research Conference, Western Institute of Nursing Research, Spokane, WA, United States.

Ruyak, S., Latendresse, G. (February 24, 2018). *Telemental Health: Using Technology to Improve Outcomes for Mothers, Babies, and Families*. Podium Presentation presented at 2018 Annual Women's Health Conference: Caring for Women through Shared Decision Making in Today's Social and Medical Context, University of New Mexico, Albuquerque, NM, United States.

Ruyak, S., Boursaw, B., Flores-Montoya, A. (April 22, 2017). *Antepartum Services Prevent Symptoms of Postpartum Depression in Some at-risk Women*. Podium Presentation presented at Western Institute of Nursing Research, 50th Annual Conference: 50 Years

of Leadership: Continuing the Vision, Western Institute of Nursing Research, Denver, CO, United States.

Ruyak, S. (April 25, 2015). *Pre-pregnancy Obesity and Postpartum Depression: a Predictive Model*. Podium Presentation presented at Western Institute of Nursing Research, 48th Annual Conference: Equity and Access: Nursing Research, Practice, and Education, Western Institute of Nursing Research, Albuquerque, NM, United States.

Ruyak, S. (January 23, 2015). *Prenatal Stress: a Psychoneuroimmunological Perspective*. Podium Presentation presented at New Mexico Infant Mental Health Association, 2015 Annual Meeting: Continuum of Care: IMN Through Different Lenses, New Mexico Infant Mental Health Association, Albuquerque, NM, United States.

Ruyak, S. (April 13, 2013). *A Psychoneuroimmunological Framework for the Study of Postpartum Depression*. Poster presented at 46th Annual Communicating Nursing Research Conference, Western Institute of Nursing, Anaheim, CA, United States.

Burton, A., Bennett, P., Emeis, C., Goodman, S., Hastings-Tolsma, M., Koschoreck, K., Patterson, E., Ruyak, S., Tanner, T., Vaughn, T., Williams, A. (October 5, 2007). *Colorado Nurse Midwifery Practice Survey*. Poster presented at Annual Fall Symposium, ACNM Colorado Chapter V-03, CO, United States.

In Process Scholarly Activities

Ruyak, Sharon, Bakhireva, Ludmila, Kivlighan, Katie T., Rodriguez, Dominique, Enriquez Marquez, Lidia. Prenatal Stress Scoping Review. Current Status: Writing Results. (May 2020 - Present).

Ortiz, Felina, Migliaccio, Laura, Kivlighan, Katie T., Ruyak, Sharon. UNM CON Nurse-Midwifery Program Symposium: Honoring 30 Years of Midwifery Education in NM. Current Status: Complete. (September 8, 2023).

PROFESSIONAL ORGANIZATIONS

Service to Professional Organizations

2023 - Present	New Mexico Postpartum Support International Albuquerque	Secretary
November 2019 - Present	New Mexico Postpartum Support International Albuquerque	Board of Advisors
2016 - Present	Journal of Obstetric, Gynecologic, and Neonatal Nursing	Reviewer/Referee
2008 - Present	Journal of Midwifery and Women's Health	Reviewer/Referee
2018 - 2020	Journal of Obstetric, Gynecologic,	Board of Advisors

2014 - 2015	and Neonatal Nursing Sigma Theta Tau International, Gamma Sigma Chapter Board , NM	Secretary
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Service to Professional Publications

2016 - Present	Journal of Obstetric, Gynecologic, and Neonatal Nursing	Reviewer/Referee
2008 - Present	Journal of Midwifery and Women's Health	Reviewer/Referee
January 2020 - December 2024	Biological Research for Nursing	Editorial Review Board Member
2018 - 2020	Journal of Obstetric, Gynecologic, and Neonatal Nursing	Board of Advisors

Memberships

September 2021 - Present	Society for Birth Defects Prevention and Research
2017 - Present	Western Institute of Nursing Research
2016 - Present	American Nurses Association
2008 - Present	Association of Women's Health, Obstetric and Neonatal Nurses
2004 - Present	Sigma Theta Tau International
1997 - Present	American College of Nurse Midwives

ACADEMIC SERVICE

The University of New Mexico

2023 - Present	Academic Freedom and Tenure Committee	Member
July 2020 - 2023	Committee on Governance	Member

The University of New Mexico Health Sciences Campus

2023 - Present	UNM HSC Faculty Affairs Matter Advisory Group	Member
2018 - 2022	HSC Council	Member

The University of New Mexico College of Nursing

2023 - Present	Faculty Affairs Committee	Chair
2016 - Present	Diversity and Inclusion Advisory	Member

	Council	
2022 - 2023	Faculty Affairs Committee	Chair-Elect
2020 - 2022	Research and Scholarship Committee	Member
July 2019 - July 2020	Research and Scholarship Committee	Chair
2015 - 2018	Faculty Development and Leadership Committee	Member
2014 - 2016	Nominating Committee	Member
2014 - 2015	Undergraduate Testing Committee	Member
2013 - 2015	NMNEC Faculty Development Committee	Member
2013 - 2015	Undergraduate Program Committee	Member

PUBLIC/ COMMUNITY SERVICE

July 2021 - Present	New Mexico Chapter Postpartum Support International Albuquerque, NM	Board of Directors
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TEACHING AND MENTORING

Current Teaching Responsibilities:

NURS 332: Evidence-Based Practice	Fall, 2017
	Spring, 2015
NURS 351: Health & Illness Concepts I	Summer, 2015
	Spring, 2015
NURS 401L: Clin Int I: Maternal Child	Fall, 2015
	Spring, 2015
NURS 405: Genetic Literacy	Spring, 2021
	Spring, 2020
	Summer, 2018
	Fall, 2016
	Summer, 2016
NURS 429: T: Clin Int I Maternal Child	Fall, 2015
	Spring, 2015
NURS 498: Honors Study Nursing I	Summer, 2021
	Summer, 2021
	Spring, 2021
NURS 501: Theoretical Found Adv Nurs	Spring, 2018

	Summer, 2017
NURS 503: Research in Nursing	Summer, 2022
	Spring, 2022
NURS 552: EBC in Nurs Midwifery	Fall, 2019
NURS 553: Nurse Midwifery Prof Practice	Summer, 2023
NURS 601: Meth & Process Nurs Knowl Dev	Fall, 2018
	Fall, 2017
NURS 601: Theoretical Found of Research	Fall, 2023
	Fall, 2022
	Fall, 2021
NURS 602: Theory II:SynthesisofKnowledge	Spring, 2019
	Spring, 2018
NURS 611: Rural & Cultural Health	Spring, 2023
NURS 613: Mixed Methods Research	Fall, 2019
NURS 691: Independent Study	Fall, 2019
	Spring, 2016
NURS 699: Dissertation	Fall, 2023
	Summer, 2023
	Spring, 2023
	Fall, 2022
	Summer, 2022
	Spring, 2022
	Fall, 2021
	Summer, 2021
	Spring, 2021
	Fall, 2020
	Summer, 2020
	Spring, 2020
	Fall, 2019
NURS 715: Genetics	Summer, 2020
	Summer, 2019
NURS 715: Genetics & Genomics Adv Prac	Summer, 2021

DOCTORAL STUDENT DISSERTATIONS AND PROJECTS:

2016 - Present	Dissertation Committee Member	Amanda Heffernan PhD Candidate	Current Student UNM College of Nursing
2016 - Present	Dissertation Committee Chair	Janna Hackett PhD Candidate	Current Student UNM College of Nursing
2016 - Present	Dissertation Committee Chair	Starr Tomlinson PhD Candidate	Current Student UNM College of Nursing
2016 - Present	Dissertation Committee Member	Michelle Kashuba PhD Candidate	Current Student UNM College of Nursing
2021	DNP Project	Michael Palacio	Current Student

	Committee Member	DNP Candidate	
2019	Dissertation Committee Member	Krista Scorsone PhD Candidate	Current Student
2016	Directed Individual/Independent Study	Angelina Flores PhD Candidate	Current Student